



By Manuela Miotti

Maldives

DISCONNECT TO RECONNECT

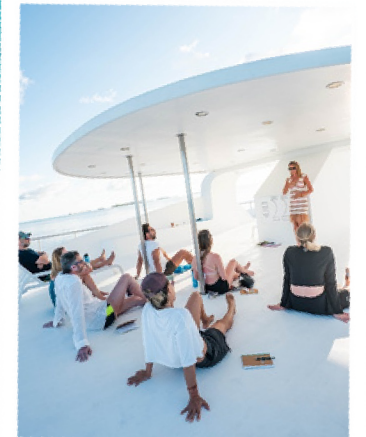
A Leadership Development retreat in the Maldives, where **the ocean becomes a teacher** and distance from everyday life creates space for clarity and fresh perspective. Designed for entrepreneurs, managers and professionals, but also open to anyone interested in personal growth, self-awareness and inner development. All ages and backgrounds welcome. An immersive experience with **experiential workshops**, breathing practices, snorkeling, connection with the sea, group dynamics and joyful moments. The retreat is valid as corporate training.



29 MARCH - 05 APRIL 2026

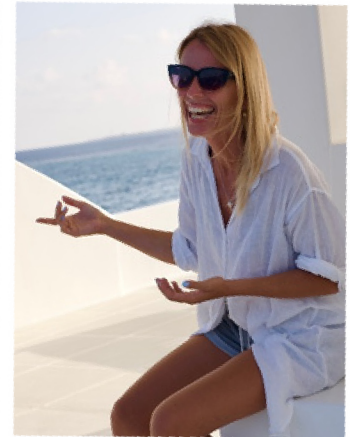
MALDIVES RETREAT

By Manuela Miotti



This is a transformational 8-day Leadership Development retreat aboard a yacht in the Maldives, where the ocean becomes our guide and every encounter with marine life mirrors our inner world. We will immerse ourselves in **systemic coaching**, guided reflections and embodied practices both on land and in the water. We will learn how to lead with presence, clarity and emotional intelligence, transforming fear into courage and flow. We will explore **breathing techniques**, **snorkeling**, freediving, and playful ocean activities that reconnect us with our body and mind. We will have **group dynamics**, cultural experiences and joyful moments that foster deep connection and a sense of community. The wisdom of the sea will be always with us while balancing reflection with lightness: we will enjoy music, laughter, beach games and evenings under the stars. We will go back home with **practical tools** to integrate in our daily life, clarity of purpose and **renewed energy**. Recognized as professional business training, this retreat is a living classroom for growth, connection and joy.

MANUELA MIOTTI



WHO IS MANUELA:

43 years old, half italian and half austrian, Manuela has over 20 years of experience organizing business events and incentives worldwide, and 14 years as a systemic coach designing and facilitating workshops on team building and leadership development. She blends her professional expertise with her passion for nature, using the sea and the natural world as powerful teachers. Her retreats help participants reconnect with themselves, grow in clarity and presence, and experience transformation that is profound, light and full of life.

Web: www.manuelamiotti.com

Intstagram: @manuraiodeluz